



# SOUTH WALES POLICE YOUTH TRUST

## **Cambrian Village Trust – Young, Talented and Welsh**

Cambrian Village Trust's (CVT) 'Young, Talented and Welsh' project aims to identify and support young people aged 10-17 who are struggling to fit in, are low in confidence and self-esteem, at risk of substance misuse or are engaging in anti-social behaviour.

Situated in the heart of Tonypany West & Clydach Vale, one of the most deprived communities in Wales, the project is designed around young people's interests, offering variety, choice and progression. Activities include photography, boxing, creative arts, outdoor skills and other sporting activities.

The project received funding of £8,200, which helped create a safe, welcoming space where young people in the community can be active, creative, and supported. Since receiving the funding, the young people have improved their physical health, confidence, and wellbeing through regular structured activities, while developing teamwork, resilience, and social skills.

Improvements have also been seen in the local community as a result of the structured, supervised activities. Since 'Young, Talented and Welsh' began, CVT haven't received any negative reports at the local 3G pitch, and unlike previous holiday periods, there have been no incidents of trespassing or anti-social behaviour. The project offers meaningful alternatives to negative behaviours, helping young people feel valued, included, and proud of their achievements.



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South Wales Police Youth Trust is a registered charity in England and Wales, no. 1133057.

Registered address: South Wales Police Youth Trust, South Wales Police Headquarters, Cowbridge Road, Bridgend, CF31 3SU



# YMDDIRIEDOLAETH IEUENCTID HEDDLU DE CYMRU

## Ymddiriedolaeth Pentref Cambrian - Ifanc, Talentog a Chymreig

Mae prosiect 'Ifanc, Talentog a Chymreig' Ymddiriedolaeth Pentref Cambrian yn bwriadu nodi a chefnogi pobl ifanc 10-17 oed sy'n cael trafferth yn teimlo eu bod yn perthyn, sydd â lefelau isel o hyder a hunanhyder, ac sy'n wynebu risg o gamddefnyddio sylweddau neu gymryd rhan mewn ymddygiad gwrthgymdeithasol.

Wedi'i leoli yng nghalon Gorllewin Tonypanyd a Chwm Clydach, un o'r ardaloedd mwyaf difreintiedig yng Nghymru, mae'r prosiect yn ymwneud â diddordebau pobl ifanc, gan gynnig amrywiaeth, dewis a chynnydd. Mae'r gweithgareddau yn cynnwys ffotograffiaeth, bocsi, celfyddydau creadigol, sgiliau awyr agored a gweithgareddau chwaraeon eraill.

Derbyniodd y prosiect £8,200 o gyllid, a helpodd i greu man diogel, croesawgar, lle gall pobl ifanc yn y gymuned fod yn egniol, yn greadigol a chael eu cefnogi. Ers derbyn y cyllid, mae iechyd corfforol, hyder a llesiant y bobl ifanc wedi gwella drwy weithgareddau strwythuredig rheolaidd, gan ddatblygu gwaith tîm, gwydnwch a sgiliau cymdeithasol ar yr un pryd.

Mae gwelliannau hefyd bod yn y gymuned leol o ganlyniad i'r gweithgareddau strwythuredig, dan oruchwyliaeth. Ers i 'Ifanc, Talentog a Chymreig' ddechrau, nid yw Ymddiriedolaeth Pentref Cambrian wedi derbyn unrhyw adroddiadau negyddol yn y cae 3g lleol, ac yn wahanol i gyfnodau gwyliau blaenorol, ni fu unrhyw achosion o dresmasu nac ymddygiad gwrthgymdeithasol. Mae'r prosiect yn cynnig dewisiadau amgen ystyrion i ymddygiad negyddol, gan helpu pobl ifanc i deimlo eu bod yn cael eu gwerthfawrogi, eu cynnwys, ac yn falch o'u cyflawniadau.



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Mae Ymddiriedolaeth Ieuentid Heddlu De Cymru yn Elusen Gofrestredig yng Nghymru a Lloegr, rhif. 1133057.

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